

A Sleepy Storytime Kit From NorthSouth Books

Written by Caroline Nastro
Illustrated by Vanya Nastanlieva

When Bear can't sleep, he goes on an adventure and discovers the wonders of New York City—a parade, Central Park, hot dogs, and more! But when he finally gets tired and looks for a place to rest . . . he learns why it's called the city that never sleeps. What's a bear to do?



About the Illustrator: Vanya Nastanlieva was born and raised in Bulgaria. She currently lives in Cambridge, England. She received her MA in Children's Book Illustration from the Cambridge School of Art in 2011. Her picture book, *Mo and Beau*, was highly commended in the 2011 Macmillan Prize for Children's Book Illustration, and was published in 2015. This is her first picture book for North South Books.

Sleepy Story Time Suggestions!

- Bear loves his blanket! Have the kids bring in their blankets for this special storytime.
- Invite them to snuggle up in their pajamas, just like Bear!
- Ask the kids what they do before they fall asleep? Do they put on their pajamas? Do they brush their teeth?
- Have a pajama party dance off! In the book, Bear goes and goes until he finally falls asleep. Let the kids move it and shake it and then pretend to settle down for bed on the floor.

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About the Author: Caroline Nastro was born and raised in New York City, where she currently lives. She is an award-winning playwright, screenwriter, and theater director. This is her first picture book.



"Cuddle up with this Bear and his pillow for a just-right bedtime story." —*Kirkus Reviews*

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End here



Help Bear get
back home!

Hudson River



Statue of Liberty

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Bear is inspired by the artwork
of Jackson Pollock in the
Metropolitan Museum of Art.
Create your own masterpiece
in the box below!

