

# Violet and the Crumbs

## A Gluten-Free Adventure

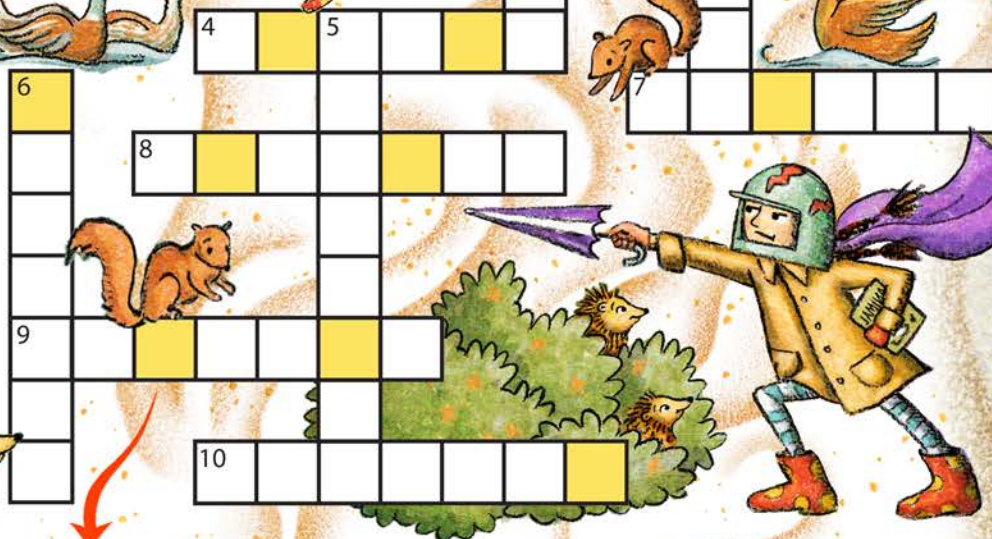
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& Illustrated by Molly Ruttan



### Criss-Cross Puzzle!

Each of the sentences below can be found in the book. Find the sentence and enter the missing word into the puzzle!

1. Crumbs don't even seem evil \_\_\_\_.
2. The idea makes her chest tight, but Violet decides to be \_\_\_\_.
3. Violet discovers that food that contains gluten can be bad for some \_\_\_\_ too!
4. Violet to the \_\_\_\_!
5. The cells in Violet's body turn into \_\_\_\_ when they see gluten.
6. She hates to seem like a \_\_\_\_.
7. Violet has \_\_\_\_ disease.
8. Bread is not \_\_\_\_ for ducks.
9. Violet stops going to \_\_\_\_.
10. Violet is tired of \_\_\_\_ out on all the fun.



### Word Scramble!

Unscramble the letters in the yellow boxes to find the secret words!

WRITE THEM HERE: \_\_\_\_\_

UNSCRAMBLE THEM HERE: \_\_\_\_\_



H	F	U	S	S	P	O	T	O	R	T	Z	H	I
H	E	D	G	E	H	O	G	C	E	L	I	A	C
W	M	B	P	C	B	T	T	L	S	L	K	Q	R
W	H	E	A	T	R	R	O	L	C	C	T	F	U
Z	E	N	R	X	A	I	G	L	U	T	E	N	M
F	E	S	T	I	V	A	L	D	E	C	Y	M	B
K	R	H	Y	M	E	P	O	T	L	U	C	K	S

### Word Find!

Find and Circle words found in the book!  
(They are Up, Down and Diagonal)

GLUTEN	CELIAC
PARTY	VIOLET
POTLUCK	FUSSPOT
WHEAT	FESTIVAL
NACHO	CRUMBS
RESCUE	HEDGEHOG
BRAVE	DUCK



North  
South

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